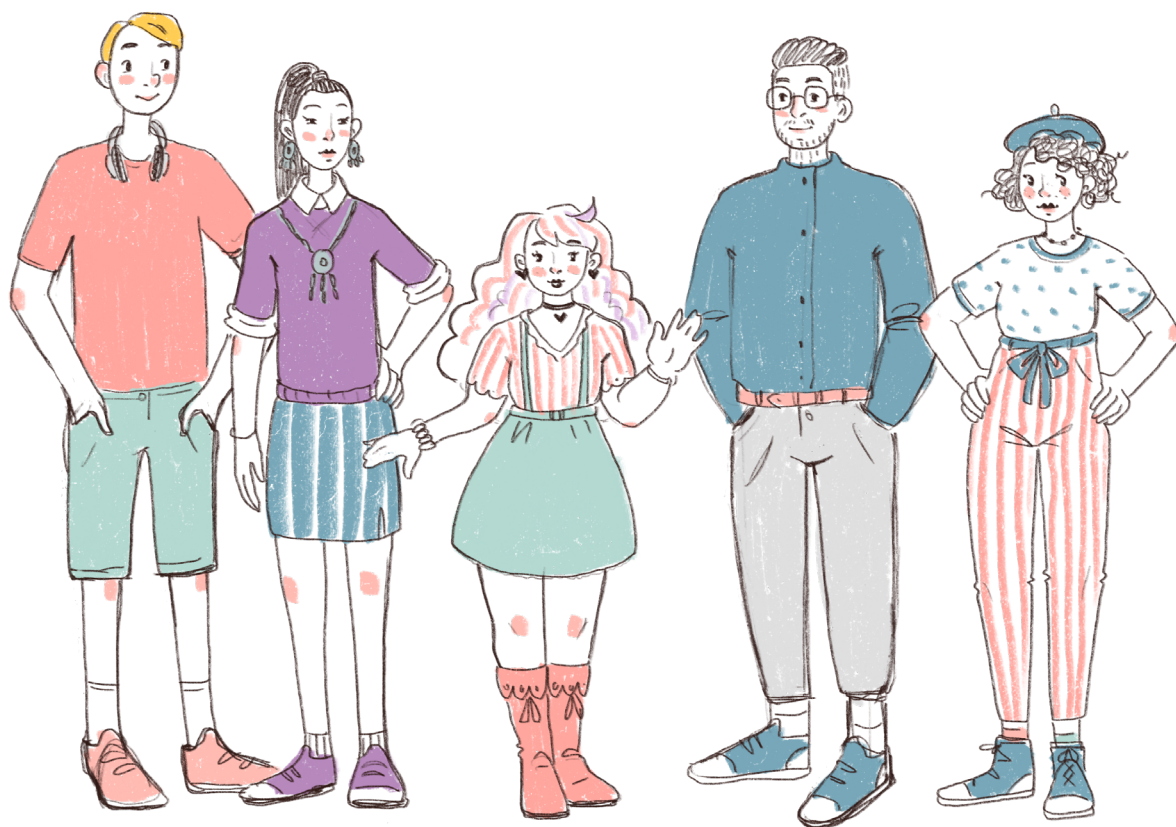


Skylike English A1-A2

Student's Book

Unit 3: Hitting the Books



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Unit 3: Hitting the Books

Lesson 1: Planning for the Exams

Warm-up

Ex. 1. Look at the picture. Do you feel like one of these people?



Ex. 2. Learn more about feelings and emotions.
Complete the words to label the emoticons.

счастли- вый	грустный	в стрессе	заинтере- сованный	скучаю- щий	рассла- бленный	взволно- ванный
h_____	s_____	s_____d	inte___ed	bored	r_____ed	excited

Unit 3:
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злой	удивленный	напуганный	задумчивый	спокойный	смущенный
a_____y	s_____ed	scared	confused	c___m	embarrassed



Ex. 3. Answer the questions.

How do you feel when you ... ?

- get a present _____
- meet a friend _____
- start reading a new book _____
- go on a trip _____
- have plans for your holidays _____
- watch a horror film _____
- hear bad news _____
- fall and other people see it _____
- argue with your friend _____
- get a good grade _____
- get a bad grade _____
- win a game _____
- lose a game _____
- prepare for an exam _____

Reading

Ex. 4. Answer the questions to describe the picture.

- Who is in the picture?
- Where is the person?
- What is she doing?
- How do you think she feels? Why?



Ex. 5. Read and listen to the text.

Narrator: Sardana **is studying** in her room. She is stressed. She has got her final exams this month and she wants to get good grades. She is a great student and she is very responsible. So, now she **is making** a study plan for the whole month. She has got a list of things that she needs to do. Sardana really wants to ace these exams!

She's **now organising** all her subjects on a Google table and she's **scheduling** her time. Sardana has an International Law exam on Friday this week and Modern History on Thursday next week.

Today is Monday, and she's **studying** International Law till late. It's a difficult subject, but she's very interested in it. She wants to become an ambassador, so it is important to know all about International Law. There are 50 questions on the list, and she needs to study 10 of them. She belongs to a study group and she shares the answers with her study mates.

So, she's **planning** to study tomorrow, Tuesday, from 10 a.m. to 1 p.m. Then she can meet Max and George at the café for a coffee break. On the way back, she can get lunch and then study again from 2 p.m. till late at night. It's hard work!

She has the same plan for Wednesday and Thursday. On Friday evening, after the exams, she wants to go to a live concert. She wouldn't like to miss it!

She also has plans for next week. On Monday, Sardana plans to study from 9 in the morning to 1 in the afternoon. Then she can go to the library. She needs to borrow a couple of books for the Modern History exam questions. At 3 p.m. she's **meeting** with her study group and they can discuss the answers till late at night. Not much sleep next week either!

Sophie and Kate are not very interested in their studies. They prefer to hang out rather than study. They actually find their studies boring. But Sardana has a plan for them too. In fact, she's **organising** a study schedule for Sophie and Kate. By the way, where are they? What **are** they **doing**?



Ex. 6. Match the sentence halves.

- | | |
|--|---|
| 1. Sardana is making _____ | a) she's very interested in it. |
| 2. She has an International Law _____ | b) she wants to go to a live concert. |
| 3. It's a difficult subject, but _____ | c) a study plan for the whole month. |
| 4. She can meet Max and George _____ | d) for the Modern History exam questions. |
| 5. On Friday evening after the exams, _____ | e) exam on Friday. |
| 6. She needs to borrow a couple of books _____ | f) hang out rather than study. |
| 7. Sophie and Kate prefer to _____ | g) at the café for a coffee break. |



Ex. 7. Answer the questions.

1. What has Sardana got this month?
2. What exams has she got?
3. When are the exams?
4. How does she feel about her exams? Why?
5. What does she do to get good grades?
6. What does she want to do after her exams?
7. How do Sophie and Kate feel about their exams? Why?

Vocabulary



Ex. 8. Match the words to their definitions or synonyms.

- | | |
|-----------------------|--|
| 1. responsible (adj.) | a) to organise events in your calendar |
| 2. ace (v.) | b) a building that has a collection of books for |
| 3. schedule (v.) | c) people to read |
| 4. difficult (adj.) | d) to be a member of some organisation or group |
| 5. belong to (v.) | e) to do very well in an exam |
| 6. tomorrow (adv.) | f) not interesting |
| 7. lunch (n.) | g) not easy |
| 8. same (adj.) | h) to talk about something |
| 9. miss (v.) | i) good at acting correctly and making decisions |
| 10. library (n.) | j) on your own |
| 11. discuss (v.) | k) the day after today |
| 12. boring (adj.) | l) similar, identical |
| | m) to fail to be present for something |
| | n) a meal that you eat in the middle of the day |



**Ex. 9. Match the words to make phrases.
Make up sentences with some of them.**

final	group
good	work
study	concert
whole	History
Modern	exams
coffee	mates
hard	month
live	schedule
	grades
	plan
	break

1. _____
2. _____
3. _____
4. _____
5. _____



Ex. 10. Read the text again. Complete Sardana's timetable for the next two weeks. Compare it with a partner.

Mon 04/06	Tue 05/06	Wed 06/06	Thu 07/06	Fri 08/06	Sat 09/06	Sun 10/06
Study International Law - all day						
Mon 11/06	Tue 12/06	Wed 13/06	Thu 14/06	Fri 15/06	Sat 16/06	Sun 17/06

Unit 3:
Hitting the
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Lesson 1:
Planning for the
Exams

Grammar



Ex. 11. Study the table. Find more examples in the text. Are they about the present or the future?

Present Continuous			
I	am	}	working.
He/She/ It	is		
We/ You/ They	are		

Present Continuous is formed using the present tense of the verb **to be** and the **-ing** form of a verb.

We use Present Continuous to talk about:

→ activities happening at the moment of speaking, e.g. *Sardana is studying in her room.*

→ temporary things, e.g. *She is studying International Law this semester.*

→ future plans, e.g. *At 3 p.m. she's meeting with her study group.*

Examples:

1. _____
2. _____
3. _____
4. _____
5. _____



Ex. 12. Complete the sentences with the present continuous form of the verbs in brackets.

1. I (make) _____ a study plan.
2. He (read) _____ a book.
3. They (play) _____ football now.
4. She (drink) _____ coffee.
5. He (go) _____ to the library.
6. We (go) _____ to a live concert on Saturday.
7. They (watch) _____ a new Tarantino film tonight.
8. You (organise) _____ a study plan for your friends.



Ex. 13. Study the examples. Answer the questions below.

- a) I **meet** with my study group at 3 p.m. every Friday.
 b) I'**m meeting** with my study group at 3 p.m. this Friday.
 c) It's Friday, 3.15 in the afternoon. I'**m meeting** with my study group.
1. I meet with my study group at 3 p.m. every Friday.
 2. I'm meeting with my study group at 3 p.m. this Friday.
 3. It's Friday, 3.15 in the afternoon. I'm meeting with my study group.



Ex. 14. Underline the correct form of the verbs.

1. George sometimes *reads/is reading/are reading* comics.
 2. We never *watch/is watching/are watching* TV in the morning.
 3. Listen! Sophie *sing/sings/is singing* in the bathroom.
 4. My sister usually *help/is helping/helps* in the kitchen.
 5. My mother *make/makes/is making* breakfast now.
 6. Kate *see/is seeing/sees* George at a cafe tonight.
 7. They often *come/is coming/are coming* to see us.
 8. Max and Dan *go/goes/are going* on a trip next week.
 9. Look! The boys *come/is coming/are coming*!
 10. I *chat/is chatting/am chatting* with my friend at the moment.



Ex. 15. Write about three things that you:

- **do regularly**
- **are doing now**
- **are planning to do soon**

Compare it with your partner to find out how much in common you share.

My routine	My current activities	My plans
1. I usually _____ _____ _____ _____	1. _____ _____ _____ _____	1. _____ _____ _____ _____
2. _____ _____ _____ _____	2. _____ _____ _____ _____	2. _____ _____ _____ _____
3. _____ _____ _____ _____	3. _____ _____ _____ _____	3. _____ _____ _____ _____

Pair work



Ex. 16. Time to schedule!

- Fill in your Google Calendar for the next 7 days.
- Ask your partner about their plans.
- Ask how they feel about some of the planned events.
- Tell the class about your partner's plans.

Useful phrases

not much sleep by the way on the way back What about you?
How do you feel about ...?

Calendar						
Wednes- day	Thursday	Friday	Saturday	Sunday	Monday	Tuesday
7 a.m.						
12 p.m.						
6 p.m.						
10 p.m.						

Unit 3:
Hitting the
Books

Lesson 1:
Planning for the
Exams

Self-assessment



Tick what is true about you.

Now I can:

- ☐ name emotions and feelings;
- ☐ talk about exam preparation;
- ☐ talk about things happening now;
- ☐ discuss and share future plans and arrangements;
- ☐ schedule my activities.

TEASER

Can you guess what will happen next?



Unit
Hitting the
Books

Lesson 1:
Planning for the
Exams

Unit 3: Hitting the Books

Lesson 2: Give Sardana a Break!

Warm-up

Ex. 1. Match Sardana's plans to the appropriate days. One day can be used several times.

- to study International Law
- to go to the library
- to meet Max and George at the cafe
- to meet with the study group
- to go to a live concert
- to take an exam

on Monday	on Friday
on Tuesday	on Saturday
on Wednesday	on Sunday
on Thursday	next Monday

Ex. 2. Complete the collocations.

- | | |
|------------------------------------|--------------|
| 1. to have final | A. something |
| 2. to get good | B. back |
| 3. to make a study | C. exams |
| 4. to be very interested in | D. mates |
| 5. to belong to a | E. schedule |
| 6. to share the answers with study | F. grades |
| 7. to meet friends for a coffee | G. plan |
| 8. on the way | H. concert |
| 9. to go to a live | I. break |
| 10. to organise a study | J. group |





Reading and listening

Ex. 3. Read and listen to the text and check your guesses. While listening, complete the text with the correct prepositions from the list.



down, in, at, of, up, on, on, on, around, off

Narrator: Sardana is studying International Law for her exams. She looks busy. Sophie and Kate come in.

Sardana: Hi girls! What's 1 ____?

Sophie: Nothing much. Everyone is studying for exams. We are so bored!

Kate: What's for lunch?

Sophie: I have no idea. What do you fancy?

Kate: We can make some spaghetti.

Narrator: Sardana is getting angry. The girls are not studying but they are making a lot of noise. She can't study!

Sophie: OK, I can cook some spaghetti with tomato sauce. Sardana, today is your turn. You are washing the dishes.



Sardana: Don't count **2** _____ me. I need to study and you have to be quiet, please.

Sophie: So, Kate, what do you think about George's best friend, Max?

Kate: He's very attractive and cool. Does he have a girlfriend?

Sophie: I don't think so, but we can ask George!

Kate: I think I'm falling **3** _____ love...

Sardana: Girls, keep it **4** _____ or go to the library and study! You have exams on Wednesday, remember?

Kate: Sorry, we can't study at the library. I have lots of books, I can't carry them **5** _____ all day. What's more, the Wi-Fi reception is weak at the library.

Sophie: And I don't have a laptop so I need my desktop here. We can't eat or drink anything in the library either.

Sardana: Give me a break! It's impossible to study with all this noise. At least, be quiet.

Kate: OK, OK, relax.

Narrator: But the girls go **6** _____ talking and sharing news. Sardana's getting furious and even more stressed. Sophie puts **7** _____ some music and watches YouTube. **8** _____ the same time she's sending stories on Instagram.

Sardana: I need to revise and prepare for my exams. Switch **9** _____ your phones at least!

Kate: Take it easy, Sardana. You are so clever and you study so hard. The exam is going to be a piece **10** _____ cake for you!

Sardana: Get your act together! Exams are difficult! You have to study hard.

Narrator: Sophie and Kate are laughing, but Sardana looks very angry.

Sophie: Fine, there's a new Marvel film on tonight. Let's go to the cinema, Kate. Now you can study.

Sardana : Better late than never!



Ex. 4. Complete the table with the activities.



Sardana



Kate



Sophie



Kate and Sophie

1. can cook some spaghetti
2. has/have an exam on Wednesday
3. is/are bored
4. is/are carrying around a lot of books
5. is/are getting angry
6. is/are sending stories on Instagram
7. is/are watching YouTube

8. is/are laughing
9. is/are making a lot of noise
10. is/are putting on some music
11. is/are sharing news
12. is/are studying for the exam
13. is/are falling in love with Max
14. is/are getting furious



Ex. 5. Use the cards that your teacher will give you. With your partner, ask and answer questions about the text.

Example:

Student A: Where is Sardana?

Student B: She is in her room. What is Sardana studying?

Student A: She is studying International Law. What ... ?

Vocabulary



Ex. 6. Write the correct words for their definitions from the list.

angry, attractive, bored, busy, clever, cool, furious, impossible, quiet

1

This person learns and understands things quickly.

2

It is when you are tired and impatient because you do not think something is interesting.

3

This person has strong feelings about something that they dislike very much.

4

It is very difficult to do.

5

It is very attractive, fashionable and interesting, so people like it very much.

6

These people are very angry.

7

This is pleasant to look at or it is beautiful.

8

This person works hard and has a lot of things to do.

9

This person doesn't make much noise or makes no noise at all.



Ex. 7. Use the words from Exercise 6. Mime these adjectives to each other. Use the example for your dialogues.

Example:

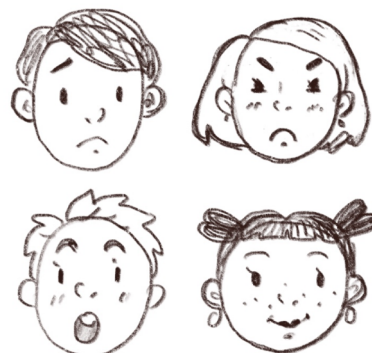
Student A: is miming the word «angry».

Student B: Are you busy?

Student A: No, I'm not.

Student B: Are you angry?

Student A: Yes, I am. I'm angry.



Ex. 8. Match each phrase with its translation.



- | | |
|----------------------------|--|
| 1. What's up? | A. Более того, ... |
| 2. Nothing much. | B. Соберитесь. = Возьмите себя в руки. |
| 3. What's more, ... | C. Ничего особенного. |
| 4. Give me a break | D. Оставьте меня в покое. |
| 5. Take it easy. | E. Лучше поздно, чем никогда. |
| 6. Get your act together! | F. Ну, как дела? |
| 7. Better late than never. | G. Расслабься. |

Grammar



Ex. 9. Use the examples and complete the grammar table.

— What **are** Kate and Sophie **doing**? **Are** they **studying** for the exam now?

— No, they **aren't**. They **are not** studying. They are sharing news.

— **Is** Sardana **sharing** news too?

— No, she **isn't**. She's reading a book. She's taking her exam tomorrow.

Negatives [-]					
full form			contracted form		
I	am not	studying.	I	'm not	studying.
he	is not		he	isn't	
she			she		
it			it		
we			we		
you	—	you	aren't		
they		they			

Short answers					
Yes,	I	am	No,	I	'm not
	he	is		he	_____
	she			she	
	it			it	
	we			we	
	you	are	you	_____	
	they		they		

Questions [?]		
Am	I	studying?
—	he	
	she	
	it	
Are	we	
	you	
	they	



Unit 3:
Hitting the
Books

Lesson 2:
Give Sardana
a break!



Ex. 10. Put the words and phrases in the correct order to make sentences.

1. exam / studying / the girls / aren't / for / their / .

2. and / cooking / Kate / now / dinner / Sophie / are / ?

3. aren't / no, / they / .

4. isn't / at / watching / the moment / YouTube / Sardana / .

5. business / George / podcast / to / is / a / now / listening / ?

6. he / yes, / is / .

7. now / playing / the / football / are / guys / ?

8. hiking / friends / his / is / now / Max / with / ?

9. having / are / the lake / a barbecue / the friends / having / near / .

10. stories / now / Sophie / sending / why / Instagram / on / is / ?

Pair and group work



Ex. 11. Spot the differences. Study the example.

Example:

Student A: In my picture, Sardana is studying.

Is she studying in your picture too?

Student B: No, she isn't. She's talking to Kate.

In my picture, Max is ... **Is he ... in your picture too?**

Sardana



Sophie



Kate



George



Max



Dan





Ex. 12. Let's play! Choose a card and mime a verb or a collocation.

Example:

Student A: is miming an action.

Student B: Are you sleeping?

Student A: No, I'm not. I'm not sleeping.

Student C: Are you reading a book?

Student A: Yes, I am.



Self-assessment

Tick what is true about you.

Now I can:

- ☐ say what I am doing or not doing at the moment;
- ☐ ask people about their current activities;
- ☐ use the functional language to react to people's comments.



TEASER

Can you guess what will happen next?



Unit 3:
Hitting the
Books

Lesson 2:
Give Sardana
a break!

Unit 3: Hitting the Books

Lesson 3: No Pain, No Gain

Warm-up

Ex. 1. Remember 5 facts about the friends' exam preparation time. What do you remember about their feelings and actions?



1. _____
2. _____
3. _____
4. _____
5. _____



1. _____
2. _____
3. _____
4. _____
5. _____



1. _____
2. _____
3. _____
4. _____
5. _____



1. _____
2. _____
3. _____
4. _____
5. _____



Ex. 2. Look at the picture. Answer the questions.

- Where are the friends?
- What are they discussing?
- How do they feel now?
- Are the exam results good?



Reading and listening



Ex. 3. Listen and read the dialogue. Complete it with the missing emotions.

a) relieved b) sad c) carefree d) useless e) depressed
f) anxious g) thrilled

Narrator: Exam results are in. Sardana is 1 _____ and Sophie is biting her nails. Kate looks 2 _____.

Kate: Here's our champion! Congratulations, Sardana!

Sardana: Thank you. I can't believe I got 5 in both courses. I'm 3 _____!

Sophie: You deserve it.

Sardana: I passed with flying colours! What did you get, Kate?

Kate: I actually got a 3, so a borderline pass. Anyway, I'm so 4 _____!

Sardana: What about you, Sophie?

Sophie: Well, I failed. Back to square one. I feel 5 _____!

Kate: Don't worry, Sophie. I'm sure we **will find** a solution.

Sophie: I'm so disappointed in myself.

Kate: When can you retake the exams?

Sophie: In September I guess. But... **will** I pass?

Kate: You really need to study hard all summer.

Sophie: I understand. I hope it's not too late.

Narrator: Sardana feels sorry for Sophie. She is her friend. She hates seeing her 6 _____ and 7 _____. So she volunteers to help Sophie.

Sardana: I can help you and you can retake the exams.

Sophie: Really? Do you think I can pass?

Sardana: You **will pass**. Study hard and it **will be** a walk in the park for you. I believe in you. So, let me help you.

Sophie: Are you sure? This means that you **will study** with me all summer!

Sardana: No problem! I'm happy to do this for you.

Sophie: Thanks a bunch! Oh my god, you're such a good friend.

All: Friends are forever!



Ex. 4. Complete the sentences.

1. Sardana is thrilled because _____
2. Kate is relieved because _____
3. Sophie is disappointed because _____
4. Sardana feels sorry because _____
5. Sophie needs to study all summer because _____
6. Sardana wants to help Sophie because _____

Vocabulary



Ex. 5. Put the words in the correct column.

anxious, carefree, thrilled, relieved, sad, depressed, feel useless, disappointed

Positive	Negative



Ex. 6. Match the words to make phrases.

- | | |
|------------|---------------------|
| Don't | nails |
| volunteer | with flying colours |
| retake | an exam |
| I can't | worry |
| deserve | to help |
| fail | results |
| feel sorry | for her |
| pass | believe it |
| understand | a solution |
| bite | the exams |
| find | the best |
| get | a grammar rule |



Ex. 7. Make up 5 true sentences about yourself, use emotions and phrases from Ex.5 and 6.

1. _____
2. _____
3. _____
4. _____
5. _____



Ex. 8. Complete the mini-dialogues. Use the phrases given below. Then make mini-dialogues with your partner using some of these phrases

We are back to square one. It will be a walk in the park.
Thanks a bunch! Congratulations!

1. — I have got so many things to do! I don't know where to start...
— Let me help you. I can schedule everything for you.
— _____
2. — What a mess! Look at all these books and sheets of paper on the floor!
3. — Don't tell me. The room was tidy in the morning and now _____
4. — OMG! I got a 5 in Math!
5. — _____ You really deserve it.
6. — Are you sure you can do all the arrangements on your own?
7. — Yep! I love organising things. _____



Grammar

Ex. 9. Study the rules. Find examples of Future Simple in the dialogue about our friends.

Future Simple

Positive			Negative		
Full form		Short form	Full form		Short form
I	will pass the exam	'll pass the exam	will not pass the exam		won't pass the exam
he					
she					
it					
we					
you					
they					

Question			Short answers					
Will	I	pass the exam?	Yes,	I		No,	I	won't
	he							
	she							
	it							
	we							
	you							
	they							

English speakers use **'will'** for:

- predictions (*personal opinion about future*), e.g. *It **will snow** in January.*
- spontaneous decisions, e.g. *I **ll have** a sandwich and a latte.*
- promise, e.g. *I **will call** you later.*
- offer, e.g. *I **will help** you arrange everything for the trip.*

For negative predictions, use I **don't think**:

I think Sophie won't pass. - wrong

*I **don't think** Sophie **will** pass.* - correct

Note

The Future Simple form of the verb **to be** is **will be**:

*I **am** at home. → I think I **will be** at home tomorrow.*

Examples from the text

1. _____

2. _____

3. _____

4. _____

5. _____



Ex. 10. Complete the sentences with Future Simple. Use short forms.

1. Don't drink coffee before you go to bed. You _____ sleep.
2. — Are you ready to order?
— Yes, I ____ have a cheesecake and tea, please.
3. — Are you ready to go?
— Not yet. I _____ be ready in five minutes.
4. I don't think it _____ rain, so we don't need to take an umbrella.
5. — I don't feel very well this evening.
— Well, go to bed early and you _____ feel better in the morning.
6. — I'm organising a surprise party for Max tomorrow and there are still a lot of things to do.
— Don't worry! I _____ help you
7. — I'm sorry I'm late. It _____ happen again.



Ex. 11. Read the sentences and decide if they are predictions, spontaneous decisions, promises or offers.

1. I'm sure we will find a solution. _____
2. I will always love you! _____
3. You look tired. Take a seat and I'll make you hot chocolate. _____
4. Study hard and you will pass with flying colours. _____
5. I like this dress. It fits me perfectly. I'll take it. _____
6. — It's Kate's birthday tomorrow and I haven't got a present for her.
7. — Ok, I'll look for some ideas on the Internet. _____
8. Mom, don't worry, I will do my homework later. _____

Unit 3:
Hitting the
Books

Lesson 3:
No Pain, No Gain

Pair work



Ex. 12. You will get a card with different situations. Read a situation and wait for your partner's reaction. Write down what he/she will say. Then change roles.

Example:

Student A: I need to retake my exams.

Student B: Don't worry, I'll help you study. You will pass.

Group work



Ex. 13. Compare the example pairs. Explain the difference in each case.

- | | |
|---|--|
| A. I am meeting friends in a cafe at 2 pm. | I think I will have lunch there |
| B. I am having an exam next week. | I think I will pass it with flying colours. |
| C. I am going to Paris for my vacation. | I think I will have a great time there. |



Ex. 14. A journey you'll never forget. Get a card with a place to travel to and things to do there. Find a partner to ask about his/her vacation plans. Answer their questions.

Example:

- Are you going to Paris for vacation?
- Yes, I am.
- Do you think you will go to the Eiffel tower?
- Yes, I will.
- Will you eat snails?
- No, I won't. / I don't think I will.





Ex. 15. What's in your bag?

Example:

- Why do you have books in your bag?
- I am preparing for my final exams next week.
- Do you think you will pass?
- I'm sure I'll pass with flying colours!
- You deserve it. Good luck!



Self-assessment



Tick what is true about you.

Now I can:

- ☐ name and discuss feelings and emotions
- ☐ make predictions
- ☐ make promises
- ☐ offer help
- ☐ use will for spontaneous decisions
- ☐ discuss plans for the near future

TEASER

Can you guess what will happen next?



Unit 3: Hitting the Books

Lesson 4: Be SMART

Warm-up



Ex. 1. Let's recollect the story. What happens to the five friends in Unit 3?





**Ex. 2. The girls are very emotional, don't you think?
How do they feel before and after the exams?
Use the words from the list below.**

stressed, responsible, bored, not interested, relaxed, furious, angry, pleased, anxious, thrilled, relieved, worried, sad, depressed, disappointed, happy, excited, surprised, scared, confused, calm, embarrassed

Before exams

After exams









Pre-reading



**Ex. 3. Make up your Top 5 tips on exam preparation.
Share them with your partner.**

TOP 5 exam preparation
tips

Unit 3:
Hitting the
Books

Lesson 4
Be SMART

Reading



Ex. 4. Read the text and choose the correct heading for each paragraph. There are two options you don't need to use.

- | | |
|----------------------------|----------------------------|
| a) Join a study group | e) Don't study a lot |
| b) Ask questions | f) Find out about the exam |
| c) Make a schedule | g) Set your study goal |
| d) Set up your own routine | |

TOP 5 exam tips

Tip #1 _____

Make sure you know everything about the exam: where and when the exam is happening, things you need to take with you (for example, a calculator, a pencil, a pen), number and list of exam questions and so on.

Tip #2 _____

Be honest with yourself. Do you want to pass with flying colours or just get a borderline pass? How much do you need to know to achieve your goal?

Tip #3 _____

Do not leave anything for the last minute. It is not the best way to prepare for exams. Write down how many exams you have, how many pages you have to learn, and the days you have left. Then, plan everything in your calendar.

Tip #4 _____

Study groups can help you get the answers you need and finish tasks faster. Just make sure the group is focused on the subject and they are not just hanging out.

Tip #5 _____

Don't study long hours without a break. Take regular breaks to have healthy snacks, drink water or do some exercises. Your brain needs it to work effectively. Don't forget to have enough sleep.

Keep calm and good luck!



Ex. 5. Match the words to the corresponding letters.

Relevant, Measurable, Specific, Time-based, Achievable



Ex. 6. Read the information and check your ideas about SMART.

Be SMART

Goal-setting is a powerful tool. In fact, if you set goals you can be 25% more productive! But actually, it is not always easy to set and achieve goals. That's what a SMART goal can help you with. Look at the questions. Can you answer them about your goal?

S — Specific. What exactly do you want to achieve? Why?

M — Measurable. Can you tell when your goal is achieved? Use some numbers and measures.

A — Achievable. Do you have everything you need to achieve it? What can you do to achieve it?

R — Relevant. What good things will happen when you achieve it? Is that really what you need?

T — Time-based. How much time do you need?

We believe you will achieve your goal!



**Ex. 7. Choose which goal is SMARTer. Explain why.
Complete the chart.**



Sophie

I want to become an actress, because
I love art, movies and taking photos.
I like sharing news on Instagram.
One day I will be famous like Irina
Gorbacheva.



Sardana

I want to become an ambassador.
I need to study hard, learn International
Law, Modern History, English and other
subjects well. I need to pass my exams
with flying colours and get a Master's
degree in five years. I want to have my
internship in the Embassy of the Russian
Federation in London. In 10 years I will
have an interesting and well-paid job.

Name

S — Specific

M — Measurable

A — Achievable

R — Relevant

T — Time-based



Ex. 8. Choose a goal and make it SMART.

I want to go
on a nice trip
this year

I want to make
a nice surprise
for my friend

I want to win
in a sports
competition

My goal is:

S - Specific

What exactly do I
want to achieve?

M - Measurable

How do I know
that it is achieved
(numbers,
measures)?

A - Achievable

What can I do to
achieve it?

R - Relevant

What good things
will happen when I
achieve it?

T - Time-based

How much time do I
have/ need?

Group work



- A. Make a study group for your English exam.**
- B. Ask your groupmates how they feel about the exam. Share your feelings.**

Example:

How do you feel about the exam?
Do you think you will pass?

- C. Ask your groupmates what goals they have. Set a SMART goal for your study group.**

- D. Choose a tool to plan your work and schedule your study activities for two weeks.**

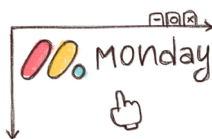
- a) a notebook and a pencil**



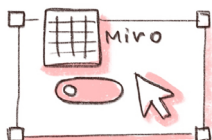
- b) Google Calendar**



- c) monday.com <https://monday.com>**



- d) Miro table <https://miro.com/templates/gantt-chart/>**



- E. Presentation. Tell about your study group plans to the rest of the class. Vote for the best study plan.**

Self-assessment



What do you feel you can do? Colour as many stars opposite each can-do statement as you feel.

- ☆☆☆☆☆ I can discuss feelings and emotions.
- ☆☆☆☆☆ I can plan study group work.
- ☆☆☆☆☆ I can discuss exam preparation tips.
- ☆☆☆☆☆ I can discuss and choose tools for planning
- ☆☆☆☆☆ I can set SMART goals.
- ☆☆☆☆☆ I can



My 5 favourite words from Unit 3 are:

1.
2.
3.
4.
5.

My 5 favourite phrases from Unit 3 are:

1.
2.
3.
4.
5.

TEASER

Can you guess what will happen next?



Unit 3:
Hitting the
Books

Lesson 4
Be SMART